



**Healthy aging  
requires a  
healthy mouth.**

**Cavities at the gum line**

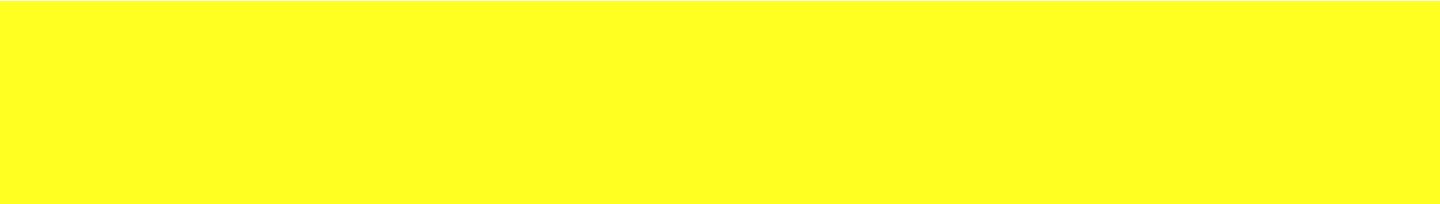
**PREVORA**  
ANTIBACTERIAL TOOTH COATING chlorhexidine diacetate



# About this guide

Oral healthcare is changing dramatically, to embrace new scientifically-proven methods and treatments which prevent disease in the mouth.

To inform our patients about these changes, your oral healthcare team is publishing a series of e-books about the new "science of prevention" and how it can help you to better oral health.



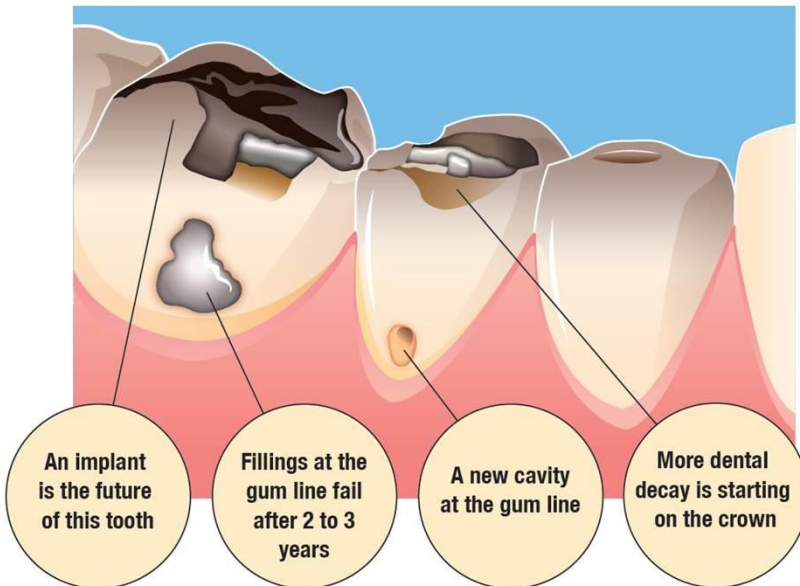
# What are cavities at the gum line?

Cavities at the gum line mean you have poor oral health.

These cavities typically happen past mid-life, are difficult to manage with fillings, and commonly lead to extractions, root canals or an implant within 3 years of a filling.

Once you have one cavity at the gum line, you are likely to have more.

These cavities also occur with gum disease.

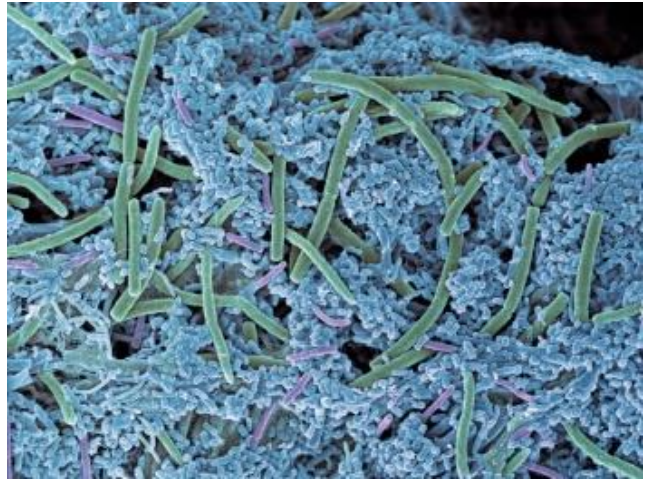


*A new cavity at the gum line is difficult to treat with fillings and is likely to lead to an extraction, root canal or an implant within 3 years.*

## Gum line cavities indicate a bacterial infection in the mouth

Tooth decay happens when the mix of bacteria in the dental plaque changes.

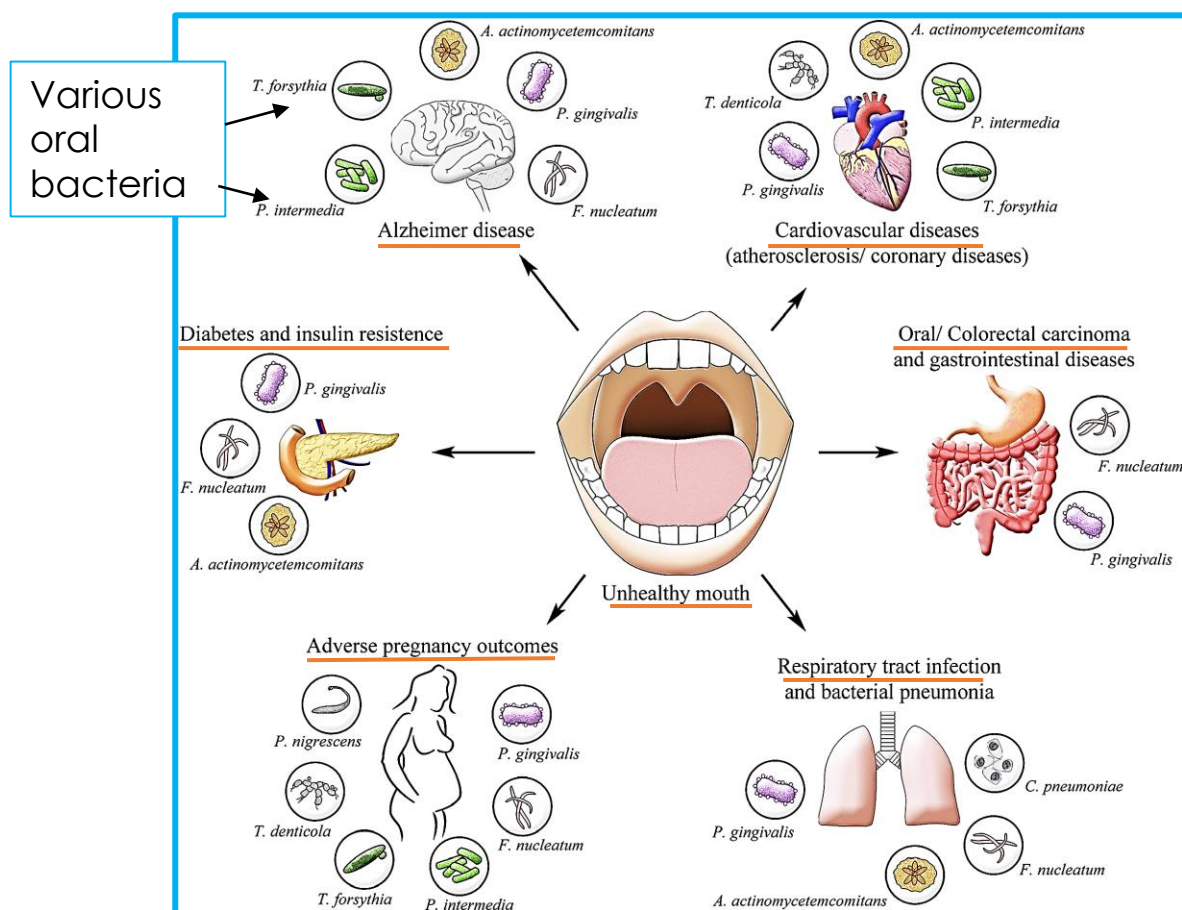
Some kinds of bacteria dominate the plaque, such as *Streptococcus mutans*.



*Streptococcus mutans*, a bacteria in the dental plaque and shown in green chains, produces acids which destroy the enamel in the teeth.

# Cavities at the gum line threaten your overall health

What happens in the mouth, doesn't stay in the mouth. The bacteria causing your cavities at the gum line are closely linked to heart disease and to micro-bleeds in the brain.



Source: Bui FQ et al. 2019. Association between periodontal pathogens and systemic disease. *Biomed J.*, 41, 1, 27-35

## So how do I prevent cavities at the gum line?



*A magnification of bacteria in dental plaque clinging to the bristle of a tooth brush.*

One approach is a new antiseptic tooth coating called Prevora. It is painlessly applied to your teeth and gum line in a series of short visits. Prevora helps to rebalance bacteria in your dental plaque. Prevora patients go for years without cavities or gum disease. Many Prevora patients report they feel better too.

Do your best to keep your teeth and your gum line free of plaque. This means daily brushing and flossing.

But when your daily hygiene is insufficient or difficult, we can help with new, proven and safe methods.



*Prevora quickly rebalances the bacteria at your gum line.*

# Consult with your oral healthcare professional

Science's growing understanding of the interrelationships between oral health and overall health, makes a consultation with your hygiene team ever more important.

Your hygienist observes oral inflammation and ongoing poor oral health with unique skills and competencies. Your hygienist also knows how to prevent cavities at the gum line safely, quickly, affordably and without pain.

Team up with your hygiene team to get to better oral health and better overall health.





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